



★ So angular momentum separates into  $\vec{L}$  of CM +  $\vec{L}$  of rotation of body about axes passing through CM.

Compare to study of orbitals in atoms, in which  $\vec{L}_{\text{tot}} = \vec{L}_{\text{orb.}} + \vec{L}_{\text{spin}}$  (also true of planetary rotation in solar system)  
↑ orbital  $\vec{L}$       ↑  $\vec{L}$  due to spin of electron

★ Time rate of change:  $\dot{\vec{L}}_{\text{orb}} = \frac{d}{dt} [\vec{R} \times \vec{p}] = \dot{\vec{R}} \times \vec{p} + \vec{R} \times \dot{\vec{p}} = \vec{R} \times \vec{F}_{\text{ext}}$   
↑ for central forces,  $\vec{F}_{\text{ext}} \parallel$  to  $\vec{R}_{\text{cm}} \Rightarrow \dot{\vec{L}}_{\text{orb}} = 0$  Conserved!

$\dot{\vec{L}}_{\text{spin}} = \dot{\vec{L}}_{\text{tot}} - \dot{\vec{L}}_{\text{orb}} = \vec{\tau}_{\text{ext}} - \vec{R} \times \vec{F}_{\text{ext}} = \sum_{\alpha} \vec{r}'_{\alpha} \times \vec{F}_{\alpha}^{\text{ext}} = \vec{\tau}_{\text{cm}}$  (torque about CM) Quite sensible!  
 $\sum_{\alpha} \vec{r}'_{\alpha} \times \vec{F}_{\alpha}^{\text{ext}} = \sum_{\alpha} (\vec{R} + \vec{r}'_{\alpha}) \times \vec{F}_{\alpha}^{\text{ext}} = \vec{R} \times \vec{F}_{\text{ext}} + \sum_{\alpha} \vec{r}'_{\alpha} \times \vec{F}_{\alpha}^{\text{ext}}$   
↑ cancels against other term

**Kinetic Energy**

Another simplification for KE:

$$T = \sum_{\alpha} \frac{1}{2} m_{\alpha} \dot{\vec{r}}_{\alpha}^2 = \sum_{\alpha} \frac{1}{2} m_{\alpha} (\dot{\vec{R}} + \dot{\vec{r}}'_{\alpha})^2 = \frac{1}{2} M \dot{\vec{R}}^2 + \frac{1}{2} \dot{\vec{R}} \cdot (\sum_{\alpha} m_{\alpha} \dot{\vec{r}}'_{\alpha}) + \frac{1}{2} \sum_{\alpha} m_{\alpha} \dot{\vec{r}}'_{\alpha}^2$$

$$T = \frac{1}{2} M \dot{\vec{R}}^2 + \underbrace{\frac{1}{2} \sum_{\alpha} m_{\alpha} \dot{\vec{r}}'_{\alpha}^2}_{\sum_{\alpha} T_{\text{rel}} \text{ (energy of rotation)}}$$

e.g. KE of rigid body is translational + rotational

**Potential Energy**

Recall that, early on, we showed  $U = U^{\text{ext}} + U^{\text{int}} = U^{\text{ext}}$  (may depend on all 6 dof. for rigid body)  
↑ potential E due to ext. conservative forces  
↑ never change in rigid body  $\Rightarrow U^{\text{int}} = \text{const. (set to zero!)}$

Rotation about fixed axis

We have seen that CM motion + rotational motion separate in all respects → focus on rotation about CM

Call rotation axis the  $\hat{z}$ -axis  $\vec{\omega}$  (e.g. spinning figure skater)

$$\vec{L} = \sum_{\alpha} \vec{r}_{\alpha} \times m_{\alpha} \dot{\vec{r}}_{\alpha} \quad \text{and} \quad \dot{\vec{r}}_{\alpha} = \vec{\omega} \times \vec{r}_{\alpha}$$

now  $\vec{\omega}$  is along z-axis  $\Rightarrow \vec{\omega} \times \vec{r}_{\alpha} = \det \begin{pmatrix} \hat{x} & \hat{y} & \hat{z} \\ 0 & 0 & \omega \\ x_{\alpha} & y_{\alpha} & z_{\alpha} \end{pmatrix} = \omega x_{\alpha} \hat{y} - \omega y_{\alpha} \hat{x}$

$$\vec{L}_{\alpha} = m_{\alpha} \vec{r}_{\alpha} \times (\vec{\omega} \times \vec{r}_{\alpha}) = m_{\alpha} \det \begin{pmatrix} \hat{x} & \hat{y} & \hat{z} \\ x_{\alpha} & y_{\alpha} & z_{\alpha} \\ -\omega y_{\alpha} & \omega x_{\alpha} & 0 \end{pmatrix} = m_{\alpha} \omega \left[ \hat{x}(-z_{\alpha} x_{\alpha}) + \hat{y}(-z_{\alpha} y_{\alpha}) + \hat{z}(x_{\alpha}^2 + y_{\alpha}^2) \right]$$

not generally 0!!! squared dist. to z-axis

$\vec{L} = I \vec{\omega}$  NOT TRUE

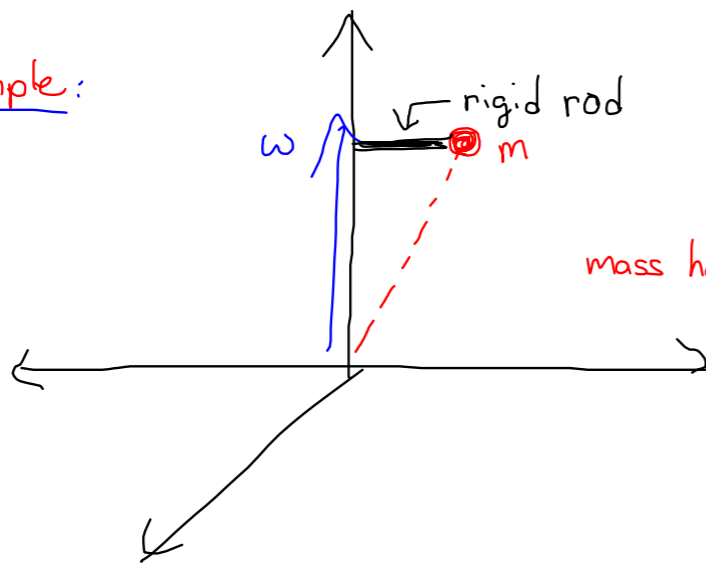
$$L_x = -\omega \sum_{\alpha} m_{\alpha} x_{\alpha} z_{\alpha} \neq 0$$

$$L_y = -\omega \sum_{\alpha} m_{\alpha} y_{\alpha} z_{\alpha} \neq 0$$

Correct prescription:  $\vec{L} = \hat{I} \cdot \vec{\omega}$

moment of inertia matrix  
(principle axes)

Example:



If mass were in xy plane,  $L_x = L_y = 0$ , but  $L_{x,y}$  do not vanish!

mass has comp. of  $\vec{L}$  rel. to origin

$$\vec{L}_{tot} = I_{xz} \omega \hat{x} + I_{yz} \omega \hat{y} + I_{zz} \omega \hat{z}$$

$$I_{xz} = -\sum_{\alpha} m_{\alpha} x_{\alpha} z_{\alpha}$$

$$I_{yz} = -\sum_{\alpha} m_{\alpha} y_{\alpha} z_{\alpha}$$

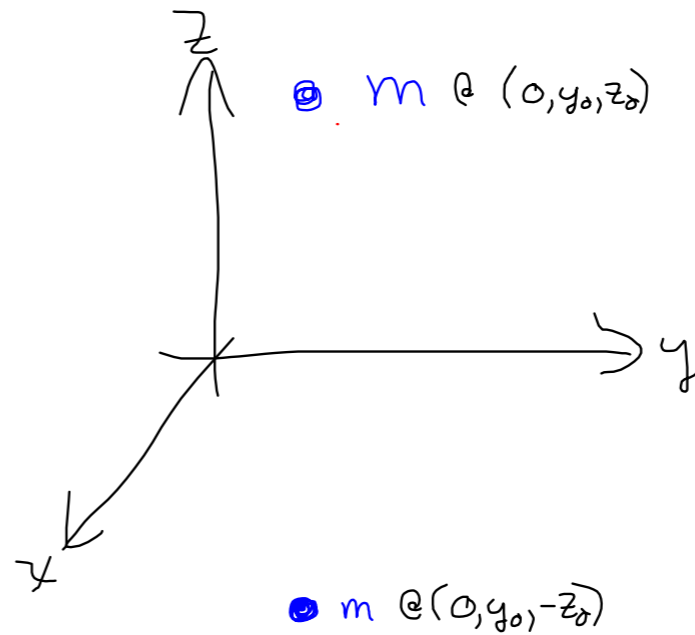
"Products of inertia"

$$I_{zz} = \sum_{\alpha} m_{\alpha} \rho_{\alpha}^2$$

↑  $x_{\alpha}^2 + y_{\alpha}^2$

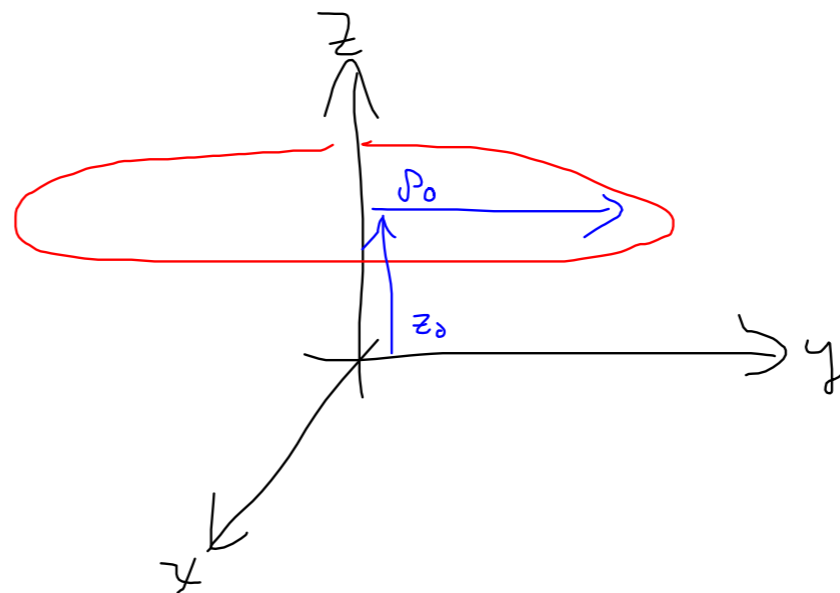
Examples

Calculate  $I_{xz}$ ,  $I_{yz}$ ,  $I_{zz}$  for a)



$$I_{xz} = \sum_{\alpha} m_{\alpha} x_{\alpha} z_{\alpha} = 0$$
$$I_{yz} = -\sum_{\alpha} m_{\alpha} y_{\alpha} z_{\alpha} = 0$$
$$I_{zz} = \sum_{\alpha} m_{\alpha} (x_{\alpha}^2 + y_{\alpha}^2) = 2m y_0^2$$

b)



$$I_{xz} = -\sum_{\alpha} m_{\alpha} x_{\alpha} z_{\alpha} = 0 \text{ by sym.}$$
$$I_{yz} = -\sum_{\alpha} m_{\alpha} y_{\alpha} z_{\alpha} = 0 \text{ by sym.}$$
$$I_{zz} = +\sum_{\alpha} m_{\alpha} \rho_{\alpha}^2 = M r_0^2$$

Moral exploit symmetries to simplify calculation of products/moments of inertia!